

MAKING SENSE OF VOICES

SUNSHINE COAST
www.voicesanctuary.com.au



An empowering
short course about
hearing voices
& other perceptual
phenomena



The
Voice Sanctuary
Sunshine Coast

Making Senses of Voices is a unique opportunity to understand and work the voice-hearing experience in empowering and healing ways.

Many people hear voices and see visions; in cultures all around the world, this phenomenon is found. It is often associated with psychic and emotional sensitivity, but it can be a distressing experience.

This short course is based on peer support, lived experience and the Hearing Voices Approach. It provides an insight into different explanations for voice-hearing and helps people make sense of their own voices. It offers a snapshot of recovery ideas and tools which can be used by voice-hearers or offered to clients.

Most importantly, it seeks to dispel stigma and fear so that voices-hearers, carers and workers can respond in more compassionate and helpful ways to voices.

This course is facilitated by Louisa Dent Pearce, a Social Worker with her own lived experience of voice-hearing, recovery from schizophrenia, and experience working in trauma-sensitive ways.

Louisa D Pearce (Social Worker and Peer Specialist)
www.voicesanctuary.com.au
louisa@voicesanctuary.com.au | Phone 0490 165 654

ESSENTIAL INFO

WHEN

Full Day training
Friday June 28th 2024

TIME: 9:30 pm – 4 pm

WHERE

Woombye West, Sunshine
Coast

WHO

Voice-hearers, their loved ones
and mental health workers

COST

\$290 EARLYBIRD (register
before May 6th)

\$330 FULL PRICE

Please enquire for various
payments options available,
including NDIS funding and
payment plans, and options to
bring Support Workers or loved
ones.

