



Voices & Visions Peer Support Group

Woombye, Sunshine Coast | www.voice.sanctuary.com.au

Join us for this empowering information and peer support group for people who hear voices or experience non-ordinary states of consciousness, like sensory phenomena, psychosis, mania, clairsaudience and visions.

This support group is a space to learn from and help each other. Using a deeply authentic approach based on peer support, lived experience and the Hearing Voices Approach, we dispel myths, explore explanations for voice-hearing and non-ordinary states of consciousness, and offer possibilities for recovery.

We challenge stigma and fear, so that voices-hearers and support people can respond in more compassionate and helpful ways to voices.

Our facilitators are trained in the Hearing Voices Approach, and the lead facilitator is Louisa D Pearce, a Social Worker with her own lived experience of voice-hearing, recovery from schizophrenia, and experience working in trauma-sensitive ways.

DAYS & TIMES

Thursdays (fortnightly)
10 am – 12 pm

DATES

There is a group every fortnight (approx); dates vary so please check out the website for upcoming dates.

WHERE

House of Hope
10 Redmonds Rd
Woombye West

WHO

Voice-hearers and people with lived experience. Loved ones and support workers are welcome too!

COST

Pay what you can to help cover costs or come for free 😊

BOOKINGS

Register at
<https://www.voicesanctuary.com.au/voicessupportgroup>



Louisa D Pearce (Social Worker and Peer Specialist)

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