



Hearing Voices, Healing Voices is a unique opportunity to understand and work the voice-hearing experience in empowering and healing ways.

Many people hear voices and see visions; in cultures all around the world, this phenomenon is found. It is often associated with psychic and emotional sensitivity, but it can be a distressing experience.

This short course is based on peer support, lived experience and the Hearing Voices Approach. It provides an insight into different explanations for voice-hearing and helps people make sense of their own voices. It offers a snapshot of recovery ideas and tools which can be used by voice-hearers or offered to clients.

Most importantly, it seeks to dispel stigma and fear so that voices-hearers, carers and workers can respond in more compassionate and helpful ways to voices.

This course is facilitated by Louisa Dent Pearce, a Social Worker with her own lived experience of voice-hearing, recovery from schizophrenia, and experience working in trauma-sensitive ways.

ESSENTIAL INFO

WHEN

2 x half days

Friday 27th September 2024

Friday 4th October 2024

TIME:

9:15 am – 1 pm both days

WHERE

Nambour, Sunshine Coast

WHO

Voice-hearers, their loved ones and mental health workers

COST

\$330 / person

Please enquire for various payments options available, including NDIS funding and payment plans, and options to bring Support Workers or loved ones.

Louisa D Pearce (Social Worker and Peer Specialist)

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